Overview

This year students will carry out 2 pieces of coursework: RO19 – Understand the equipment and nutritional needs of children from birth to 5 years. RO20 – Understand the development of a child from birth to 5 years. As well as being taught, students will be expected to carry out their own research. There will also be practical elements to the coursework such as making up a bottle of baby formula and carrying out a child study.

Term 1

During the first term students will carry out the first piece of coursework – RO19 – To understand the equipment and nutritional needs of children from birth to 5 years. This includes selecting appropriate travel, feeding, eating and sleeping equipment for a nursery and comparing their key factors to create informed choices for selections and rejections. Students will have to select equipment to suit both babies from birth to 12 months and also 1 to 5 years. Students will learn about nutritional guidelines for children from birth to 5 years, understand what nutritional value each food group holds and use this information to plan a tasty, nutritious menu for a nursery. Finally, students will make comparisons between breastmilk and formula milk, ensuring nutrition is compared but also at least 2 other factors. As part of this final unit students will be expected to prepare a baby bottle correctly. Marks will be awarded for students demonstrating a good understanding of hygiene.



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Term 3

Students will have completed their coursework. If any students need to re-sit their exam, the remainder of the summer term lessons can be used to do so.



Term 2

Students will carry out the second piece of coursework: RO20 – Understand the development of a child from birth to five years. As part of this coursework students will research intellectual, physical and social developmental norms, understand the benefits of learning though play, and showing an understanding of the specific benefits each type of play provides. Students will then carry out a child study on a child who is 5 or under. They will collect background information on the child, observe them at play and plan activities for the child to carry out whilst observing in order to evaluate.